



FULFILLING NEW ACHIEVEMENTS. Co-operative Education is a two-way link between classroom achievements and the workplace application of knowledge. Both the employer and the student should consider each work term to be a learning term, with the objective of achieving productive work. There are multiple benefits to employers, including access to a highly motivated workforce as well as assistance with short-term workload. Students who graduate from co-operative education programs are more readily hired and integrated into the workplace.

Life can be demanding as we seek a balance of physical, mental, and spiritual well-being. Kinesiology students understand human movement for sport, recreation, fitness, and health. They focus comprehensive and advanced knowledge from the human sciences, through a lens of critical thinking. With two streams, B.A. and BSc., students are looking to careers in sports management, therapeutics, and medical science. These students have met rigorous internal requirements, including minimum grade standards. They will graduate with a 4-year B.A. or an Honours B.A. degree having completed sixteen months of work-integrated learning in their third and fourth years.

PROCESS

To recruit a student, you have a choice of two approaches. You may simply send a job description to the Centre for Experiential Learning and Careers (CELC). Or you may post your opportunity directly on our internal posting portal, [HireRedeemer: appserve.redeemer.ca/yourcareer/post-a-job/](https://appserve.redeemer.ca/yourcareer/post-a-job/)

We will work with you to define a role for the student that meets both your objectives and the necessary elements of a co-op work term. We consider factors such as program relevance, the opportunity for mentoring, and level of challenge.

In addition to the role description, describe where and how you wish to receive applications. For example, we would be pleased to collect and convey the applicants' covering letters, resumes, and transcripts to your attention or have the applicants respond directly to your organization. Your opportunity will then be displayed to eligible students on [HireRedeemer](https://appserve.redeemer.ca/yourcareer/post-a-job/).

Together we will arrange interviews at your convenience, either at Redeemer or at your office. The opportunity to conduct interviews via telephone or other electronic means, can be arranged. Note, all offers and acceptances should be coordinated through the CELC.



"Applying my knowledge to real-life situations builds my passion for science and for success in the future."

Karli V.
Kinesiology

GET IN TOUCH



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REDEEMER.CA/CELC

AVAILABLE CO-OP PROGRAMS

- Business Accounting
- Business Management
- Business Marketing
- Business Not-For-Profit
- Kinesiology
- Urban and Intercultural Ministry

COMMITMENTS

As a Co-op Employer you commit to providing a high-quality learning experience by engaging the students in productive work, with our involvement and support. Details are described in the [Employer Guide: redeemer.ca/employer-guide](http://redeemer.ca/employer-guide). The CELC at Redeemer University College will continue to be involved with you and the participating student throughout the duration of the work term.

WORK TERM AND CURRICULUM SEQUENCE

Students complete two eight-month work terms after third year of this five-year program. The sequence of academic and work terms is shown below, including the course offerings.

YEAR 1	YEAR 2	YEAR 3			YEAR 4			YEAR 5	
		FALL	WINTER	SPRING	FALL	WINTER	SPRING	FALL	WINTER
ACADEMIC COURSES		WORK TERM 1			COURSES		WORK TERM 2		COURSES
Foundation of Human Anatomy I & II	Human Physiology Nutrition	Care and Prevention of Injuries			Ergonomics Philosophy of PE, Sports & Recreation			Exercise Physiology II Clinical & Rehabilitative Exercise Prescription	
Fundamentals of: Strength Training Fitness	Fundamentals of: Dance Elective option	Exercise Physiology I Psychology of Sport and Exercise			Fundamentals of: Elective option (2) Motor Learning			Research Project Fundamentals of: Elective Option	
Intro to Psychology	Assessment of Human Fitness	Fundamentals of: Cooperative Games Biology Option			Sociology of Sport/Special Populations Inquiry of Issues in Health Physiological Psychology				
Fundamentals of Biology I & II	Biomechanics Research Methods (Statistics) Co-op Prep								