



Year One Guide

The background of the entire page is a blue-tinted photograph of three female students sitting at desks in a classroom. They are looking towards the left of the frame. The student in the foreground is wearing glasses and has her hand near her chin. The student in the middle is looking down at a book or paper. The student in the background is looking forward. There are geometric shapes at the bottom of the page: a large red triangle pointing upwards and a smaller red triangle pointing downwards, both overlapping the blue background.

WHAT IS THE YEAR ONE GUIDE?

This guide is designed to help you understand Redeemer's course structure and the process of choosing and registering for courses. Follow this booklet step-by-step so that you're prepared for course registration.

You can register for courses online through Self-Service or during an appointment with an Academic Advisor in the Registrar's Office. For either option, you need to book a course registration appointment at redeemer.ca/dashboard. If you select the online option, instructions will be emailed to you.

You'll be asked to log into your application portal to select an appointment.

Most first-year students take 10 courses: 5 in the Fall term (September-December) and 5 in the Winter term (January-April).



Redeemer has a Core Curriculum—a set of 10 interdisciplinary courses that every student takes that provides context for all other courses you take at Redeemer, complements your major and ultimately prepares you for your career and calling. In your first year, you will take 2 Core courses in the Fall and 2 in the Winter.



Next, you will add courses from your selected major and minor. Look through the following pages to see what courses are available to you in your first year, and what is suggested for your potential major/minor.

Please note that you may only take 100-level (first-year) courses.



You may still have room to add a few extra courses—these are electives! Look through the course listings on the following pages and pick a few that interest you.



Prepare for your appointment! Use the spaces below to fill in and help decide which courses you might like to take in your first year.



Once you've decided on your courses, you are ready for course registration! Course registration can be done online (if you signed up for that option) or during an appointment with an Academic Advisor in the Registrar's Office at a chosen date and time. If you signed up for the online option, instructions will be emailed to you.

COURSE OFFERINGS FOR FIRST-YEAR STUDENTS

F = offered in the Fall term (September-December)

W = offered in the Winter term (January-April)

** You have been admitted under the regulations and programs of the 2025-2026 Academic Calendar. If the information in this booklet differs from the calendar, the published calendar is the correct authority.

Some courses may be reserved for those students in majors/minors and will not be available to be taken as electives.

YOUR FIRST-YEAR CORE COURSES

CTS-110 - Introduction to Christian Worldview (*W*)

HUM-110 - Western Culture & Tradition I (*F*)

HUM-120 - Western Culture & Tradition II (*W*)

REL-110 - The Drama of Scripture (*F*)

APPLIED SOCIAL SCIENCES (APS)

Applied Social Sciences major: APS-101, APS-120

Applied Social Sciences-Social Work honours major: APS-101; APS-120; APS-215

Sociology minor: APS-120

Social Work minor: APS-101; APS-215

Criminal Justice minor: APS-120; POL-121 is an option

Disability Studies minor: APS-120

Social Justice minor: APS-101 or APS-120; ECO-122 and POL-121 are options

Applied Social Sciences Courses:

APS-101 - Introduction to Social Work and Social Welfare (*F*)

APS-120 - Introduction to Sociology (*W*)

APS-215 - Introduction to Social Work Practice (*W*)

ART (ART)

Art major: ART-112; ART-115

Art minor: ART-112; ART-115

Art Courses:

ART-112 - Introduction to Studio: Drawing (*F*)

ART-115 - Introduction to Studio: Painting (*W*)

BIOCHEMISTRY

(For the honours major: you must have completed Grade 12 U Biology, Chemistry and Calculus.)

Biochemistry honours major: BIO-121; BIO-122; CHE-121; CHE-122; MAT-121; MAT-122

BIOLOGY (BIO)

(For the honours major: you must have completed Grade 12 U Biology, Chemistry and Calculus. For the general major: you must have completed Grade 12 U Biology and Chemistry.)

Biology honours major: BIO-121; BIO-122; CHE-121; CHE-122; MAT-121; MAT-122

Biology major: BIO-121; BIO-122; CHE-121; CHE-122; One of MAT- 121, PHY-115 or PHY-121

Biology minor: BIO-121; BIO-122; CHE-121

Biology Courses:

BIO-121 - Fundamentals of Biology I (*F*)

BIO-122 - Fundamentals of Biology II (*W*)

BUSINESS (BUS)

(For the BBA: you must have completed one Grade 12 U mathematics course. Advanced Functions is preferred.)

Business - Accounting major (BBA): BUS-121; BUS-122; BUS-127; ECO-121; ECO-122

Business - Management major (BBA): BUS-121; BUS-122; BUS-127; ECO-121; ECO-122

Business - Marketing major (BBA): BUS-121; BUS-122; BUS-127; ECO-121; ECO-122

Business major (BA): BUS-121; BUS-122; BUS-127; ECO-121 & ECO-122 recommended

Business minor: Two of BUS-121, 122, 127

Business minor - Not-for-Profit Management: Two of BUS-121, 122, 127

Business Courses:

BUS-121 - Introduction to Business (F)

BUS-122 - Introduction to Management Decisions (W)

BUS-127 - Introduction to Financial Accounting (F)

CHEMISTRY (CHE)

(You must have completed Grade 12 U Chemistry. For the major: you must have also completed Grade 12 U Calculus.)

Chemistry major: CHE-121; CHE-122; MAT-121; PHY-115 or PHY-121

Chemistry minor: CHE-121; CHE-122

Chemistry Courses:

CHE-121 - Principles of Chemistry I (F)

CHE-122 - Principles of Chemistry II (W)

ECONOMICS (ECO)

(Not a major or minor.)

Economics Courses:

ECO-121 - Introduction to Economics: Micro (F)

ECO-122 - Introduction to Economics: Macro (W)

BACHELOR OF EDUCATION (EDU)

Students wishing to come to Redeemer for both their undergraduate degree and Bachelor of Education degree can apply for the B.Ed. program in their fourth year of study at Redeemer. Students are encouraged to speak with their academic advisor about their plans to teach in the future to ensure they meet all program and teaching subject requirements.

ENGLISH (ENG)

English - Literature honours or general major: ENG-103; ENG-104

English - Writing honours or general major: ENG-103; ENG-104

English - Literature minor: ENG-103; ENG-104

English - Writing minor: ENG-103; ENG-104

English Courses:

ENG-103 - Ways of Reading: Fiction (F, W)

ENG-104 - Ways of Reading: Poetry & Drama (F, W)

ENVIRONMENTAL SCIENCE & STUDIES (ENV)

(For Environmental Science majors: you must have completed Grade 12 U Biology and Chemistry. For Environmental Studies majors: you must have completed Grade 12 U Biology.)

Environmental Science honours or general major (B.Sc.): ENV-121; BIO-121; BIO-122, GEO-122. CHE-121 & CHE-122 also required for the honours major.

Environmental Studies major (BA): ENV-121; BIO-122; GEO-122

Environmental Studies minor: ENV-121

Environmental Science/Studies Course:

ENV-121 - Population, Resource Use and Cities (F)

GEOGRAPHY (GEO)

Geography minor: GEO-122; ENV-121 is an option

Geography Course:

GEO-122 - Introduction to Physical Geography (F)

HEALTH SCIENCES (HSC)

(You must have completed Grade 12 U Biology and Chemistry for all majors. For Pre-Med major: you must have completed Grade 12 U Calculus. For Bachelor of Health Sciences: you must have completed one Grade 12 U mathematics course.)

Health Sciences - Pre-Medicine honours major (B.Sc.): BIO-121; BIO-122; KPE-118; KPE-119; CHE-121; CHE-122

Bachelor of Health Sciences (B.HSc.): BIO-121; BIO-122; KPE-118; KPE-119; CHE-121; CHE-122

Health Sciences major: BIO-121; BIO-122; KPE-118; KPE-119; CHE-121; CHE-122

Health Sciences minor: KPE-118; KPE-119

HISTORY (HIS)

History major: HIS-106; HIS-108

History minor: HIS-106; HIS-108

History Courses:

HIS-106 - Gods and Thrones: The World to 1914 (F)

HIS-108 - A World at War: The Turbulent Twentieth Century (W)

KINESIOLOGY (KPE)

(For the B.Kin.: you must have completed Grade 12 U Biology and Mathematics. For the Kinesiology - B.Sc. honours major: you must have completed Grade 12 U Biology and Chemistry.)

Bachelor of Kinesiology (B.Kin.): KPE-118; KPE-119; KPE-130; BIO-121; PHY-115 or 121; PSY-121 or 122. Required to choose a minor and Psychology is recommended.

Kinesiology honours major (B.Sc.): KPE-118; KPE-119; KPE-130; BIO-121; CHE-121; PHY-115 or PSY-121/122. Required to choose a minor from Biology, Chemistry or Mathematics.

Kinesiology Courses:

KPE-118 - Foundations of Human Anatomy I (F)

KPE-119 - Foundations of Human Anatomy II (W)

KPE-130 - Exercise Prescription & Training (W)

MATHEMATICS (MAT)

(You must have completed Grade 12 U Calculus.)

Mathematics honours major: MAT-121; MAT-122; MAT-126; PHY-121; PHY-122

Mathematics major: MAT-121; MAT-122; MAT-126

Mathematics minor: MAT-121; MAT-122; MAT-126

Mathematics Courses:

MAT-121 - Calculus I (F)

MAT-122 - Calculus II (W)

MAT-126 - Introduction to Linear Algebra (F)

MEDIA AND COMMUNICATION STUDIES (MCS)

Bachelor of Communications and Media Studies (B.CoMS): MCS-101; MCS-121

Media Production major (BA): MCS-101; MCS-121

Media and Communications Studies minor: MCS-101; MCS-121

Media and Communication Studies Courses:

MCS-101 - Intro to Media Production (W)

MCS-121 - Introduction to Media and Communication (F)

MUSIC (MUS)

(A music audition must be completed prior to your course registration appointment.)

Music and Worship major: MUS-110; MUS-121; MUS-131; private lessons and ensemble

Music Performance major: MUS-110; MUS-121; private lessons and ensemble

Music Performance minor: MUS-110; MUS-121; private lessons and ensemble

Music and Worship minor: MUS-110; MUS-121; MUS-131; private lessons and ensemble

Music Courses:

MUS-110 - Basic Theory and Aural Skills (F)

MUS-121 - Music Theory I (W)

MUS-131 - Foundations of Worship (F)

PHILOSOPHY (PHL)

Philosophy major: PHL-121; PHL-122

Philosophy minor: PHL-121; PHL-122

Philosophy Courses:

PHL-121 - The Story of Philosophy (F)

PHL-122 - Logic (W)

PHYSICAL EDUCATION (KPE)

Physical Education major: KPE-118; KPE-130

Physical Education minor: KPE-118; KPE-130

Physical Education - Coaching minor: KPE-118; KPE-130

Physical Education Courses:

KPE-118 - Foundations of Human Anatomy I (F)

KPE-130 - Exercise Prescription & Training (W)

PHYSICS (PHY)

(Not a major or minor.)

Physics Courses:

PHY-115 - Physics for the Life Sciences (W)

PHY-121 - Physics I: Newtonian Mechanics (F)

PHY-122 - Physics II: Waves, Heat and Time (W)

POLITICS AND INTERNATIONAL STUDIES (POL)

International Relations honours major: HIS-106; HIS-108; POL-121; ECO-121; ECO-122

International Development honours major: HIS-106; HIS-108; POL-121; ECO-121; ECO-122

Politics and International Studies major: HIS-106; HIS-108; POL-121

Politics and International Studies minor: POL-121

Law and Public Policy minor: POL-121; PHL-122

Pre-Law Certificate: POL-121; PHL-122

Politics and International Studies Course:

POL-121 - Introduction to Politics and International Studies (W)

PSYCHOLOGY (PSY)

Psychology honours or general major: PSY-121; PSY-122

Psychology minor: PSY-121; PSY-122

Psychology Courses:

PSY-121 - Introduction to General and Experimental Psychology (F)

PSY-122 - Introduction to Clinical and Developmental Psychology (F, W)

RELIGION AND THEOLOGY (REL)

Mission and Ministry honours or general major: REL-121

Biblical and Theological Studies honours or general major: REL-121

Biblical and Theological Studies minor: REL-121

Mission and Ministry minor: REL-121

Religion and Theology Course:

REL-121 - From the Word to the World: An Introduction to Theological Study (W)

SPANISH (SPA)

(Not a major or minor.)

Spanish Course:

SPA-101 - Beginning Spanish I (F)

Book your appointment!

Go to redeemer.ca/dashboard to register for courses online through Self-Service or during an appointment with an Academic Advisor in the Registrar's Office!

If you'd like to dig further and read course descriptions, you can go to redeemer.ca/course-registration.



Redeemer
University

777 GARNER ROAD EAST, ANCASTER, ON L9K 1J4
PH: 905.648.2131 TOLL FREE: 1.877.779.0913
REDEEMER.CA