LIBERAL ARTS AND SCIENCES

PHYSICAL EDUCATION DEGREE MAP

BA, GENERAL

YEAR 1
(10 one-term courses)

- **KPE 118** Foundations of Human Anatomy I
- The Drama of Scripture
- Western Culture and Tradition I
- **KPE 130** Exercise Prescription and Training
- Introduction to Christian Worldview
- Western Culture and Tradition II

YEAR 2
(10 one-term courses)

- **KPE 251** Coaching
- **KPE 218** Human Physiology
- Faith and Philosophy
- **KPE 152** Fundamentals of Basketball ¼
- **KPE 222** Assessment of Human Fitness
- Understanding Our World ...*
- Understanding Our World ...*
- **KPE 143** Fundamentals of Pickleball ¼

YEAR 3
(10 one-term courses)

- **KPE 328** Organization of Intramurals, Athletics and Physical Education
- Global or Local Issues**
- **KPE 153** Fundamentals of Volleyball ¼
- **KPE 312** Principles of Musculoskeletal Injury Assessment and Prevention
- Non-Western Perspectives**
- **KPE 313** Motor Learning

YEAR 4
(10 one-term courses)

- **KPE 345** Psychology of Sport and Exercise
- **KPE 432** Philosophy of Physical Education, Exercise, Sport and Recreation
- Pathways: Culminating Interdisciplinary Project
- **KPE 160** Fundamentals of Co-operative and Experiential Games I ¼

Read all course descriptions at **redeemer.ca/physical-education**

o = elective within major

● DISCOVER YOUR WORLD ● FIND YOUR CALLING ● DEEPEN YOUR FAITH ● TRANSFORM YOUR MIND

CORE COURSES · MAJOR COURSES · MINOR/ELECTIVE COURSES · UNDER 1 CREDIT

*Understanding our World through the Sciences, Social Sciences or Arts. Choose two of three courses outside your major; courses can be taken in year two or three.

**Choose from a list of possible course options or off-campus study opportunities; courses can be taken in year three or four.

Note: Some Core courses can be taken in year two or three, or year three or four. Students will chart their own path of study at Redeemer. Course offerings and availability change from year to year and are subject to change. This chart is meant to be used as an example.